

## **An invitation to explore some psalms in Lent**

Our Lent course this year will be of five sessions, looking at the psalms.

- You may find the psalms difficult and hard to use. This was me once, but I love them, and pray at least one every day. I'm astonished by how honest the Psalms are. I can bring my worst times to God, and find I am held and reassured and accepted.
- I'm excited by the way the New Testament scriptures bring the psalms to life. Do come and catch some of my enthusiasm!
- I've put the proposed psalms below, with clues to how we shall look at them, but don't be surprised if a rush of enthusiasm means a change at the last moment!

### When?

Monday mornings, Nether Wallop (ask Alix Johnson 01264 781913)

Tuesday evenings, 7.30pm, Over Wallop Church Hall: March 12, 19, 26, April 2, 9.

Wednesday mornings somewhere in Monxton / Amport (ask me\*)

or at your usual Fellowship Group meeting

Psalm 89 a psalm for Christmas Eve, "I will sing of your steadfast love"

Psalm 16} I'm in a good place so "I bless the Lord"

Psalm 15} I'm in a bad place, so "where are you Lord?"

Psalm 10 Hope in despair: a prayer of the desperate

Psalm 33 Confidence that God has spoken – has indeed revealed Himself

Psalm 22 approaching Easter "why have you forsaken me?"

If you would like me to join your group or to lead a group just for Lent do ask me.

Matthew Grayshon, Amport Rectory.

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